

# For more information



Tel: 094 9005150



Email: [mayo@locallink.ie](mailto:mayo@locallink.ie)  
Web: [www.locallinkmayo.ie](http://www.locallinkmayo.ie)



Operated By:  
**TFI Local Link Mayo,**  
**Castlebar Social Services Centre,**  
**Castle Street Car Park,**  
**Castlebar, Co Mayo**  
**F23 CV67**



TFI Local Link fares include single, return, weekly, adult, young adult and child fares. Cash is accepted and Free Travel Pass holders and children under 5 years travel for free. For more information on fares, please visit: [transportforireland.ie/fares/bus-fares](http://transportforireland.ie/fares/bus-fares) or call TFI Local Link Mayo



Our vehicles are wheelchair accessible



Ask your driver or other staff member for assistance. Full information on all available journeys and connections on National Journey Planner at [www.transportforireland.ie](http://www.transportforireland.ie)



You can use the TFI Leap Card to pay for your ticket. For further details, visit: [transportforireland.ie](http://transportforireland.ie)



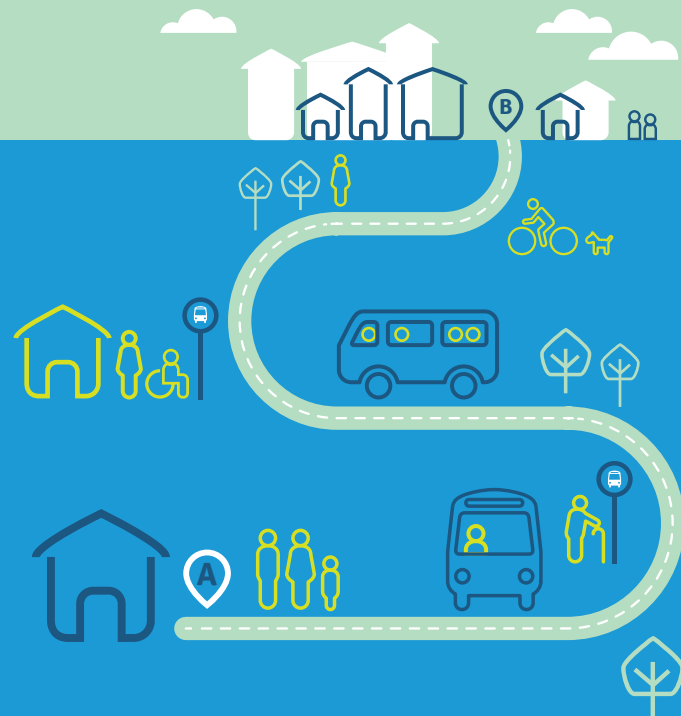
TFI Leap  
Top-Up app

Service does not operate Christmas Day

Information correct at time of print: **October 2023**



## Route 454 Ballina to Castlebar



**local link**  
Mayo



# Timetable

## 454

### Ballina to Castlebar

Day(s): Monday - Sunday

#### Ballina - Castlebar

Departs	Stops	Monday - Saturday			Sundays and Bank Holidays		
Ballina	<i>Dunnes Stores</i>	07:00	11:30	15:59	07:15	11:45	16:45
Ballina	<i>Bus Station</i>	07:05	11:35	16:05	07:18	11:48	16:48
Ardagh Cross	<i>Eastbound</i>	07:15	11:45	16:15	07:30	12:00	17:00
Crossmolina	<i>Post Office</i>	07:23	11:53	16:23	07:38	12:08	17:08
Errow Cross	<i>Errow Cross</i>	07:29	11:59	16:29	07:44	12:14	17:14
Lahardane	<i>Leonards</i>	07:35	12:05	16:30	07:50	12:20	17:20
Bofeenaun	<i>Bofeenaun</i>	07:40	12:10	16:40	07:55	12:25	17:25
Massbrook	<i>Northbound</i>	07:50	12:20	16:50	08:05	12:35	17:35
Pontoon	<i>Ball Alley</i>	07:55	12:25	16:55	08:10	12:40	17:40
Caurane	<i>Opp Old NS</i>	08:00	12:30	17:00	08:15	12:45	17:45
Parke	<i>Opp Church</i>	08:05	12:35	17:05	08:20	12:50	17:50
Turlough	<i>National Museum of Ireland</i>	08:10	12:40	17:10	08:25	12:55	17:55
Turlough	<i>Turlough</i>	08:13	12:43	17:13	08:28	12:58	17:58
Castlebar	<i>Garvey Way</i>	08:23	12:53	17:23	08:38	13:08	18:08
Castlebar	<i>Mayo General Hospital</i>	08:24	12:54	17:24	08:39	13:09	18:09
Castlebar	<i>Train Station</i>	08:30	13:00	17:30	08:45	13:15	18:16

#### Castlebar - Ballina

Departs	Stops	Monday - Saturday			Sundays and Bank Holidays		
Castlebar	<i>Train Station</i>	09:00	14:00	18:00	09:15	14:00	19:00
Castlebar	<i>Mayo General Hospital</i>	09:05	14:05	18:05	09:20	14:05	19:05
Castlebar	<i>Garvey Way</i>	09:06	14:06	18:06	09:21	20:06	19:06
Turlough	<i>Turlough</i>	09:16	14:16	18:16	09:31	14:16	19:16
Turlough	<i>National Museum of Ireland</i>	09:19	14:19	18:19	09:34	14:19	19:19
Parke	<i>Opp Church</i>	09:24	14:24	18:24	09:39	14:24	19:24
Caurane	<i>Opp Old NS</i>	09:29	14:29	18:29	09:44	14:29	19:29
Pontoon	<i>Ball Alley</i>	09:34	14:34	18:34	09:49	14:34	19:34
Massbrook	<i>Massbrook</i>	09:39	14:39	18:39	09:54	14:39	19:39
Bofeenaun	<i>Bofeenaun</i>	09:49	14:49	18:49	10:04	14:49	19:49
Lahardane	<i>Leonards</i>	09:54	14:54	18:54	10:09	14:54	19:54
Errow Cross	<i>Northbound</i>	10:00	15:00	19:00	10:15	15:00	20:00
Crossmolina	<i>Post Office</i>	10:06	15:06	19:06	10:21	15:06	20:06
Ardagh Cross	<i>Eastbound</i>	10:14	15:14	19:14	10:29	15:14	20:14
Ballina	<i>Bus Station</i>	10:25	15:25	19:25	10:40	15:25	20:25
Ballina	<i>Dunnes Stores</i>	10:30	15:30	19:30	10:45	15:30	20:30